
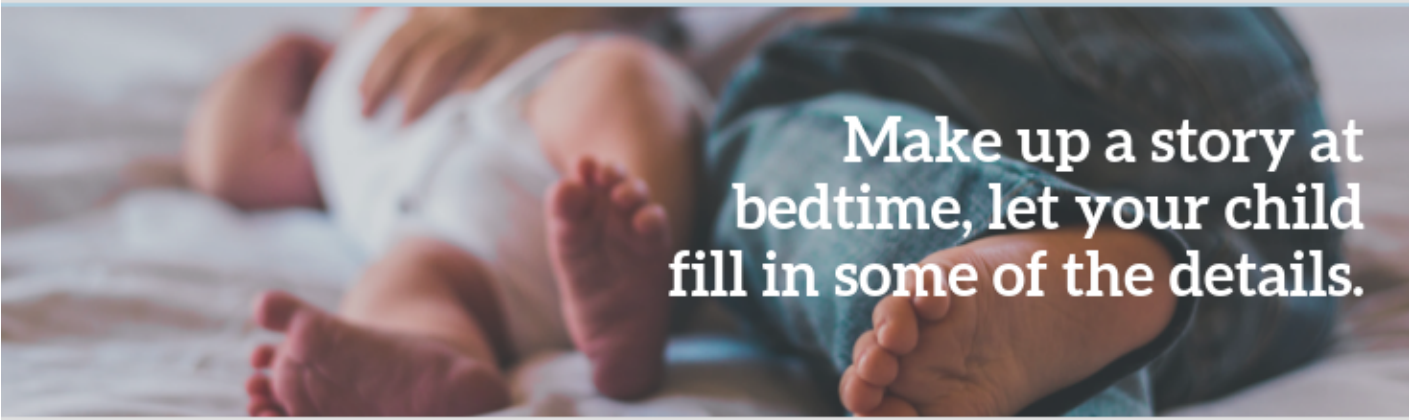


Say "No" to something on your list today so you can say "Yes" to your child instead.




Look at your calendar this month and write in a one-on-one date with each of your children.



Make up a story at bedtime, let your child fill in some of the details.



Go on a dinner picnic as a family. Let each person choose a part of the meal to pack.



Pack a stack of books and snacks and find a big tree to read under together.

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